

Registration Form-Spectrum 2018
Space is Limited. Please Register Early!

[WEBINAR– Saturday and Sunday, January 13-14, 2017](#)

Name with credentials/degree(s) as you would like it to appear on your certificate

Company

Position

Street Address

City State Zip

Phone (Home) Work or Cell

E-mail (Required for Registration Confirmation and Course Materials)
Disability Accommodation Needed: _____ (we will contact you)

Course Fees (circle applicable amount)

Basic 2-day Course
Practicing SLPs or Voice Teachers \$475

How to register

Website: visionsinvoice.com (Register for January 13-14, 2018)
By Mail: Check or money order to:
Troy Dargin
780 Riverside Dr. 11 F
New York, NY 10032

Disclosures

Financial: Dr. Abbott is a full professor at the University of Pittsburgh and receives a salary for teaching, student consulting, and other academic work. She receives numerous grants from various agencies and is paid a consulting fee from these grants at times, depending on her level of involvement. She is co-author of the text *Vocology* and receives royalty payments from sales from the National Center for Speech and Voice. From Plural Publishing, she receives royalty payments from the manuals for *Lessac-Madsen Resonant Voice Therapy*, as well as several other books in print. An honorarium is paid to her for the present course.

Non-Financial: Dr. Abbott is on the editorial board for several professional journals.

Manuals

LMRVT Clinician Manual Softcover: **Must be ordered by attendee**
LMRVT Clinician Manual Link:
<http://pluralpublishing.com/cgi-bin/apps/orderLive.cgi?FormID=BookChaptersPDF&ShowForm=1&PublicationID=MRVTCM>
Discount Code: LM20 – 15% off and free domestic shipping

LMRVT Patient Manual Softcover: Optional, must be ordered by attendee
LMRVT Patient Manual Link:
<http://pluralpublishing.com/cgi-bin/apps/orderLive.cgi?FormID=BookChaptersPDF&ShowForm=1&PublicationID=MRVTPM>
Discount Code: LM20 – 15% off and free domestic shipping

CSCFT Clinician Manual eCopy: Provided at no additional cost

CSCFT Patient Manual eCopy: Optional, must be ordered by attendee
CSCFT Patient Manual eCopy Link:
<http://visionsinvoice.com/register/vts/cscft-patient-manual-ecopy/>

A Voice Therapy Spectrum 2018



Packaged and Personalized Voice Therapies

Voice Therapy Spectrum

LMRVT "plus"!

Presented by: Katherine Verdolini Abbott PhD, CCC-SLP



WEBINAR — **January 13 – 14, 2018**

About the Courses

Over the past years, increasing emphasis has been placed on the use of standardized voice therapies for the treatment of voice problems of varying origins. This approach has lent itself well to evidence-based investigations of voice therapy, as well as standardization of clinical training. However, recently, new questions have also been raised about the relevance of personalized therapy. The Voice Therapy Spectrum course aims to address this issue systematically. The basic premise in the "Spectrum" approach to voice therapy is that a single theoretical framework for therapy can be applied different ways, for different patients. The framework of interest is one that identifies three broad parameters to address in voice therapy and training:

- (1) The "what" of training (what is the biomechanical target),
- (2) The "how" of training (how do people acquire and habituate new physical behaviors,
- (3) The "if" of training (what are factors affecting patient and student "compliance" with instructional suggestions).

On Day 1 of the seminar, basic science foundations for the foregoing issues will be reviewed.

On Day 2, two different standardized applications of the principles will be described and trained: Lessac-Madsen Resonant Voice Therapy (LMRVT) and a newly created Casper-Stone Confidential Flow Therapy (CSCFT). The two methods differ in the specific biomechanical target of training, in that LMRVT targets relatively more complete vocal fold closure and the use of a semi-occluded vocal tract during phonation as compared to CSCFT, which targets slightly greater abduction without semi-occluded tract. Of note, both targets fall within the range of what has been identified as "optimal vocal economy," which favors both good acoustic output and relatively minimal vocal fold impact stress and thus putative protection from injury. Both methods retain the same principles of motor learning and patient compliance. The choice of one approach over the other will depend on clinician and patient preference, and patient pathology. Outcome data will be presented for LMRVT and CSCFT, based on results of recent clinical trials. Day 2 of the seminar will conclude with exposure to methods for creating individualized voice therapy, personalized for a given patient in a principled way, "in the moment."

About the Faculty

Katherine Verdolini Abbott PhD, CCC-SLP is a Professor of Communication Science and Disorders in the School of Health and Rehabilitation Services at the University of Pittsburgh. Her general area of interest is basic and clinical voice science. Her current research focuses on the role of vocalization for wound healing in the larynx, motor learning principles applied to models of voice therapy, and clinical trials in voice therapy. She has received numerous research awards from the National Institute on Deafness and Other Communicative Disorders and she serves as consultant and co-investigator on other research awards from the National Institutes of Health. Dr. Verdolini Abbott developed & conducts workshops on systematic approaches to voice training for hyper- and hypo-adduction of the vocal folds: LMRVT, CSCFT (now covered in a Voice Therapy Spectrum), and a program for pediatric voice, "Adventures in Voice." She is a Fellow of the American Speech-Language-Hearing Association and received the Honors of the Association in 2009.

Learning Outcomes

A Voice Therapy Spectrum-Basic

Upon completing this course, participants will be able to:

1. Describe the basic science foundations of LMRVT & CSCFT
2. List the steps of the LMRVT & CSCFT methods
3. Evaluate demonstrations of LMRVT & CSCFT in vocal training
4. Apply LMRVT & CSCFT during self-practice & with appropriate clients
5. Identify patients who may be appropriate to receive. LMRVT and CSCFT
6. Determine integration of methods for individualized therapy "in the moment"

Schedule

A Voice Therapy Spectrum-Basic January 13th

- 8:30-9:00 Online technical issues
- 9:00-9:30 Introduction to course
- 9:30-12:00 Anatomy, biomechanics, and biology
- 12:00-12:30 Lunch break
- 12:30-2:30 Perceptual-motor learning
- 2:30-3:30 Factors affecting patient participation
- 3:30-4:00 Review for written exam; Q&A

A Voice Therapy Spectrum-Basic January 14th

- 9:00-10:00 Scoring of written exams and discussion
- 10:00-12:00 Introduction to LMRVT and CSCFT; LMRVT Step by Step
- 12:00-12:30 Lunch break
- 12:30-2:00: LMRVT Step by Step cont'd
- 2:00-3:00 CSCTT Step by Step
- 3:00-3:30 Participant practice: Resonant voice, flow voice, and blending
- 3:30-4:00 Individualized Principled Therapy "in the "Moment;" Q&A

Course Fee Includes:

- Electronic Link to Course Materials
- CSCFT Clinician Manual (electronic) (\$99 value)
- Certificate of Attendance
- Voice Therapy Spectrum Provider Listing on Website

NOTE: The CSCFT Clinician manual is provided as part of the course. All other manuals must be purchased separately. LMRVT Clinician Manuals are required for course participation, and must be purchased from Plural Publishing (discount applies). LMRVT Patient Manuals are not mandatory but are helpful as they include all forms needed for home practice and treatment documentation. These can be purchased at additional cost from Plural Publishing. See "Manuals" section above for ordering information. CSCFT Clinician Manuals are provided in electronic format, with unlimited printing capabilities. As for LMRVT, CSCFT Patient Manuals are not mandatory but are helpful. A discount for the Patient Manual will be applied if purchased at the same time as registration (regularly \$99). A fund has been set up by the family of the late Dr. Janina Casper and proceeds from the sale of all CSCFT Patient Manuals will be forwarded to the family to support educational efforts for SLP students and new clinicians at Syracuse University.

Cancellation Policy:

There are no cancellations for this course. No fees will be returned. We are not responsible for any adverse events relating to travel to the course. We reserve the right to cancel the course 7 days prior to the course date with full refund of course fee if registrations are insufficient to support the course. If we cancel or reschedule, we are not responsible for any travel expenses or penalty fees incurred by the registrant.

Confirmation:

Confirmation of registration will be sent by e-mail at the time of course registration. Links to course materials and knowledge assessment will be emailed to participants about 7 days prior to the start of the course. Two days before course start, participants will receive e-mails with links to join the webinar each day. Following course completion, participants will receive an electronic certificate of course completion along with CEUs earned.



Visions in Voice is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Basic course is offered for 1.3 CEUs (Intermediate level, Professional area)

**After completing the course, you will receive
a certificate identifying you as a
Voice Therapy Spectrum Clinical Provider**