

Registration

Lessac Kinesensics

February 15-17, 2019

Name with credentials as you would like to appear on your certificate _____

Company _____

Position _____

Street Address _____

City _____ State _____ Zip _____

Phone _____

E-mail (Required for registration confirmation and course materials) _____

Course Fees and Location

\$525

Webinar or In Person at:

University of Delaware
540 South College Avenue
Newark, Delaware 19713

Plan to arrive Thursday night since the course begins at 9:00am Friday, if you choose the in person option. You may also join by Webinar.

How to Register

Website: www.visionsinvoice.com/register/lessac-kinesensics. By Mail: Attn: Troy Dargin, 725 9th Ave 1C, New York, NY 10019 E-mail Contact: troy@visionsinvoice.com

Payment Check payable to: Visions in Voice LLC
 PayPal: troy@visionsinvoice.com

This course is offered for 1.45 ASHA CEUs (Intermediate level, Professional area)



Visions in Voice is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

About the faculty

Nancy Krebs, B.A. in Theatre, Master Teacher Certificate, Lessac Training & Research Institute, is one of six Master Teacher Certificate worldwide in Lessac Kinesensic Training. She has taught for more than 38 years in a variety of venues including the Theatre Department of the Baltimore School for the Arts (continuously since 1980), and also in numerous other venues including conducting intensive workshops in Pretoria, South Africa, Sydney, Australia and for theatre voice and speech coaches and speech-language pathologists throughout the U.S. She worked on the Board of Directors of the Lessac Training and Research Institute over an extended period starting with its inception in 2004. She has taught privately in her own studio since 1994, and currently serves as Resident Voice/Dialect coach for the Annapolis Shakespeare Company, as well as several professional theatre companies in the Baltimore-Washington area, including Studio Theatre in D.C., Olney Theatre, Everyman Theatre, Center Stage, and Rep Stage, among others. She has worked in Surrey, England as dialect/vocal coach for a joint production of *Our Town* with the Songtime Theatre Arts company under the direction of Donald Hicken. She is also a professional actor, singer, and song-writer in her own right. She is member of numerous professional organizations including SAG-AFTRA. She has participated in basic science research on the Lessac approach to voice and speech, assisting in the generation of acoustic and aerodynamic data associated with the range of Lessac voice and body "NRGs" (energies), and has contributed to several professional journals such as: *Collective Writings on the Lessac Voice and Body Work: A Festschrift* by Marth Munro & Sean Turner, *Play with Purpose: Lessac Kinesensics in Action* Edited by Marth Munro, Sean Turner & Allan Munro, *Conversations with Master Teachers* by Nancy Saklad.

Katherine Verdolini Abbott, PhD., CCC-SLP, M.Div., is Professor of Communication Sciences and Disorders at the University of Delaware. Prior academic appointments include the University of Iowa, Harvard Medical School, and the University of Pittsburgh. She received training in the Lessac approach to body, voice, and speech, working personally with the approach's founder, Arthur Lessac. She developed *Lessac-Madsen Resonant Voice Therapy (LMRVT)*, which is widely recognized as an important tool in voice therapy for a range of conditions affecting voice, and for which she has received funding for basic and applied science from the National Institutes of Health since 1997. Dr. Verdolini Abbott is a Fellow of the American Speech-Language-Hearing Association, from which she also received the highest Honors in 2009. She is, herself, a singer and actor, committed to the translation of both basic science and performing arts traditions to the practice of speech-language pathology.

Disclosures: Financial disclosures: Ms. Krebs receives compensation for her voice and speech work through public and private venues teaching the Lessac work. Dr. Verdolini Abbott receives royalties for her LMRVT products, including clinician and patient manuals, through Plural Publishing. She also receives royalties for a text she co-authored with Dr. Ingo Titze, *Vocology*, published through the National Center for Voice and Speech. None of these products will be sold for the purposes of the present course. **Non-financial disclosures:** Dr. Verdolini Abbott serves as reviewer for peer-reviewed submissions to several professional journals and for the National Institutes of Health. Ms. Krebs has no existing relevant non-financial relationship.

Lessac Kinesensics

A Workshop for
Speech-Language Pathologists

February 15-17, 2019

Nancy Krebs, Lessac Master Teacher



Katherine Verdolini Abbott, PhD., SSS-SLP



About the Course

About the course:

This course provides basic training in Lessac Kinesensics for application to speech-language pathology. The course is designed for SLP clinicians and clinicians in training, and is an abbreviated version of longer, more intensive courses offered for those seeking recognition as Lessac teachers for expanded applications. The course will provide exposure to Lessac body, voice, and speech training with special attention to use for individuals with voice and possibly fluency disorders. Data will be provided on the acoustics and aerodynamics of Lessac body, voice, and speech “energies,” as well as on outcomes from clinical trials in LMRVT for individuals with phonogenic voice disorders.

Schedule

DAY 1 (Participant experiences Lessac work)

9:00-9:15 Overview and relevance to SLP.
9:15-10:15 Introduction to Lessac principles – into Breathing and Posture
10:15-10:30 Break
10:30-12:00 Introduction to Body NRGs: Buoyancy-Potency-Radiancy (Inter-involvement)
12:00-1:00 Lunch Break
1:00-1:45 Introduction to Voice NRGs (overview)
1:45-2:30 Introduction to Consonant NRG
2:30-2:45 Break
2:45-2:55 Vocal Tune-up with “strings”
2:55-3:45 Consonant NRG, cont’d
3:45-4:40 Introduction to Tonal NRG – SLP Carryover
4:40-5:00 Q & A --assignment explanation

DAY 2 (Participant experiences Lessac work, con’t)

9:00-9:45 Body Work with the 3 Body NRGs – SLP Carryover
9:45-10:40 Vocal Tuneup with Consonants/Tone: Consonant NRG and the Neural Vowels
10:40-10:55 Break
10:55-11:45 Tonal NRG (+Y and the Call) – SLP Carryover
11:45-12:00 Introduction to Structural NRG
12:00-1:00 Lunch break
1:00-1:10 Scat Bands and Vocal Tune-up
1:10-2:30 Structural NRG, cont’d – SLP Carryover
2:30-2:45 Break
2:45-3:15 Structural and Consonant NRG combined
3:15-4:30 Exploration of Text (supported by the Body NRGs)
4:30-4:50 Observations, questions, wrap-up for the day – SLP Carryover
4:50-5:00 Coming attractions of the next day

DAY 3: (Participants learn clinical applications)

9:00-12:00 Basic and Clinical Science
10:30-10:45 Break
10:45-12:00 Practice with applications
12:00-1:00 Lunch
1:00-2:45 Expansion of LMRVT using broader Lessac Kinesensics principals
2:45-3:00 Break
3:00-4:30 Expansion of LMRVT using broader Lessac Kinesensics, cont’d
4:30-5:00 Course evaluation and wrap up
5:00 Adjourn

This program is offered for 1.9 ASHA CEUs (Intermediate level, Professional area).

More Information

Learning outcomes:

At the conclusion of the course, participants will be able to:

- Demonstrate three Lessac body energies --“NRGs” and three voice/speech energies-- “NRGs.”
- Describe application of these “NRGs” to individuals with voice disorders of a variety of origins, in particular phonogenic origins, including findings from clinical trials.
- Describe acoustic and aerodynamic data associated with three body “NRGs” and three voice/speech “NRGs.”

Cancellation Policy

There are no cancellations for this course. No fees will be returned. We are not responsible for any adverse events relating to travel to the course. We reserve the right to cancel the course prior to the course date with full refund of course fee if registrations are insufficient to support the course. If we cancel or reschedule, we are not responsible for any travel expenses or penalty fees incurred by the registrant.

Confirmation

Confirmation of registration will be sent by e-mail approximately one day in advance of course start date, along with links to download course handouts and knowledge assessment.