

Registration

Adventures in Voice and Voice Therapy Spectrum Webinar

December 12-14, 2020

Name with credentials as you would like to appear on your certificate

Company

Position

Street Address

City State Zip

Phone

E-mail (Required for registration confirmation and course materials)

Course Fees and Details (Circle application amount)

Voice Therapy Spectrum: Days 1 and 2: **\$475**

Adventures in Voice: Days 1 and 3: **\$475**

All Three Days--Both Webinars: **\$650** (a savings of \$300)

Participants are required to participate in Day 1 (Basic Voice Science), and can then choose to participate in Day 2 and/or 3. Day 1 provides a foundational knowledge required for both VTS and AIV.

How to Register:

Visit either of these pages and register from there.

Website: www.visionsinvoice.com/register/aiv

Website: www.visionsinvoice.com/register/vts

About the Speaker

Katherine Verdolini Abbott, PhD, CCC-SLP, is Professor of Communication Science & Disorders in the School of Health & Rehabilitation Services at the University of Pittsburgh. Her current research focuses on the role of vocalization for laryngeal wound healing in the larynx, motor learning principles applied to voice therapy, and clinical trials in voice therapy. Other interests are in mind-body relations in voice. She has received continuous funding for her research from the National Institutes of Health since 1997. She is a Fellow of the American Speech-Language-Hearing Association from which she received the highest honors in 2009. She conducts workshops on voice therapy for adults (Lessac-Madsen Resonant Voice Therapy and Casper-Stone Confidential Flow Therapy) and children (Adventures in Voice).

Disclosures

Financial: Dr. Verdolini Abbott is a salaried Professor at the University of Pittsburgh. She also receives salary support from the National Institutes of Health for her research. She receives royalties for publications with Plural Publishing Company and the National Center for Voice and Speech. Rarely, she receives compensation for reviews of others' scholarly work. She is given an honorarium for the presentation of her continuing education courses, including this one. **Non-financial:** Dr. Verdolini Abbott serves as reviewer, editor, and associate editor for several publication entities. Dr. Verdolini Abbott is on the editorial board for several professional journals and has published numerous scholarly articles relevant to the course content.

This course is offered for up to 2.1 ASHA CEUs (Intermediate level, Professional area)

Manuals

See links on

<https://visionsinvoice.com/register/vts>

Adventures in Voice and Voice Therapy Spectrum Webinar

*A Webinar for
Speech-Language Pathologists*

December 12-14, 2020

Sessions begin 10:00am EDT

Presented by:
Katherine Verdolini Abbott PhD, CCC-SLP



Visions in Voice is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

About the Course

About the Course: *Increasing emphasis has been placed on the use of standardized voice therapies for the treatment of voice problems. This approach has lent itself well to evidence-based investigations of voice therapy and a standardization of clinical training. The Voice Therapy Spectrum course aims to address this issue systematically.* The basic premise in the "Spectrum" approach to voice therapy is that a single theoretical framework for therapy can be applied different ways, for different patients. The framework of interest identifies three broad parameters to address in voice therapy and training: the "what" of training (what is the biomechanical target); the "how" of training (how do people acquire and habituate new physical behaviors); the "if" of training (what are factors affecting patient and student "compliance" with instructional suggestions).

On Day 1 of the seminar, **Basic Science Foundations** for the foregoing issues will be reviewed.

On Day 2: Voice Therapy Spectrum-two different standardized applications of the principles will be described and trained: Lessac-Madsen Resonant Voice Therapy (LMRVT) and a newly created Casper-Stone Confidential Flow Therapy (CSCFT). The two methods differ in the specific biomechanical target of training; LMRVT targets relatively more complete vocal fold closure and the use of a semi-occluded vocal tract during phonation as compared to CSCFT, which targets slightly greater abduction without semi-occluded tract. Of note, both targets fall within the range of what has been identified as "optimal vocal economy," which favors both good acoustic output and relatively minimal vocal fold impact stress and thus putative protection from injury. Both methods retain principles of motor learning and patient compliance. The choice of one approach over the other will depend on clinician and patient preference, and patient pathology. Outcome data will be presented for LMRVT and CSCFT, based on results of recent clinical trials. Day 2 of the seminar will conclude with exposure to methods for creating individualized voice therapy for patients.

On Day 3: Adventures in Voice is a novel approach to pediatric voice therapy, which, in contrast to the traditional approach, does not discourage children from using loud voice. Adventures in Voice (AIV) is founded on the premise that "children will be children" and, rather than restricting their phonation, they should benefit from training in how to produce normal and loud voice -- safely. The biomechanical underpinnings of the program arise from basic science studies showing a barely ad/abducted vocal fold configuration should allow people to produce voice fairly loudly while at the same time minimizing inter-vocal fold impact stress, which is implicated as the primary source of phonotrauma. Also, AIV differs from some traditional learning models in speech-language pathology, which emphasize instrumental conditioning and extrinsic rewards. Instead, AIV's learning approach is based on theory that says that fun activities, in which "rewards" are intrinsic, should optimize learning in the long term. Finally, AIV also incorporates findings from the healthcare literature pointing to factors that may enhance children's compliance with voice therapy. The AIV program may be appropriate for children with voice problems related to under- or overadduction of the vocal folds, which are implicated in the majority of pathologies affecting voice in children.

Schedule

All times are EDT.

Day 1 : Basic Voice Science-Required for either VTS or AIV

10:00-10:30 AM	Registration & Troubleshooting
10:30-11:00 AM	Introduction
11:00-2:15 PM	Phonation Science
2:15-3:00 PM	Lunch (on your own)
3:00-5:00 PM	Learning Science
5:00-6:00 PM	Patient Compliance

Day 2 : Voice Therapy Spectrum (VTS)

10:00-10:30 AM	Registration & Troubleshooting
10:30-11:00 AM	Knowledge Assessment Quiz
11:00-12:30 AM	Overview of LMRVT and CSCFT
12:30-1:45 PM	Lunch (on your own)
1:45-5:15 PM	Step by Step
5:15-6:00 PM	Patient and/or Participant Practice
6:00-6:30 PM	Questions and Answers; Tricks and Tips

Day 3 : Adventures in Voice (AIV)

10:00-10:30 AM	Registration and Troubleshooting
10:30-12:45 AM	Overview of Adventures in Voice
12:45-2:00 PM	AIV Step by Step
2:00-2:30 PM	Lunch (on your own)
2:30-6:00 PM	AIV Step by Step continued; Practice/Demo
6:00-6:30 PM	Knowledge Quiz

Earn up to 2.1 ASHA CEUs

More Information

Learning Outcomes-AIV

At the completion of this course, participants will be able to:
Describe the physiologic foundations of Adventures in Voice
Describe learning theories in children as they relate to acquisition and retention of new motor skills
List the steps of Adventures in Voice
Demonstrate the Adventures in Voice method in self-practice and with other participants
Determine appropriate candidates for Adventures in Voice therapy

Cancellation Policy

There are no cancellations for this course. No fees will be returned. We are not responsible for any adverse events relating to travel to the course. We reserve the right to cancel the course 7 days prior to the course date with full refund of course fee if registrations are insufficient to support the course. If we cancel or reschedule, we are not responsible for any travel expenses or penalty fees incurred by the registrant.

Confirmation

Confirmation of registration will be sent by e-mail approximately 2 days in advance of course start date, along with links to download course handouts and knowledge assessment. Participants will receive a link by e-mail to access the webinar each day. If ordered, course kits and manual flash drives will be shipped to the address noted on registration form. Express shipping is not included if you register late and request expedited shipping.